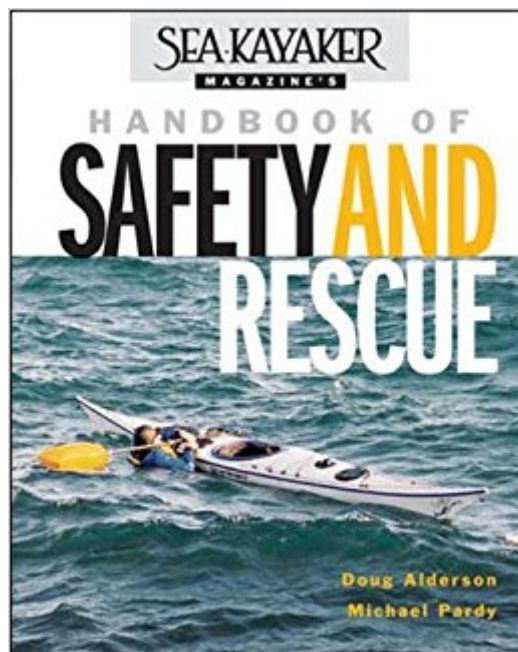




Ebook Directory
the best source of ebook

The book was found

Sea Kayaker Magazine's Handbook Of Safety And Rescue (International Marine-RMP)



Synopsis

From two of Canada's premier sea kayaking instructors and the leading magazine of the sport comes the ideal book for any paddler wanting to venture safely beyond sheltered waters. This essential handbook shows how to understand weather, waves, and currents; use emergency communications; analyze risk; and perform a wide variety of kayak rescues.

Book Information

Series: International Marine-RMP

Paperback: 208 pages

Publisher: International Marine/Ragged Mountain Press; 1 edition (April 30, 2003)

Language: English

ISBN-10: 0071388907

ISBN-13: 978-0071388900

Product Dimensions: 7.3 x 0.3 x 9 inches

Shipping Weight: 15.5 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #985,310 in Books (See Top 100 in Books) #50 in [Books > Sports & Outdoors > Outdoor Recreation > Kayaking > Sea Kayaking](#) #867 in [Books > Sports & Outdoors > Outdoor Recreation > Boating](#) #2581 in [Books > Sports & Outdoors > Water Sports](#)

Customer Reviews

PADDLE SAFELY BEYOND SHELTERED WATERS Taking risks and overcoming challenges are fundamental to the thrill and satisfaction of sea kayaking. When you paddle beyond sheltered waters and into the open ocean, however, due diligence and thorough preparation are not optional; they are essential to your safety. It takes well-developed judgment to know when you're just stretching the envelope and when you're bursting through it. And when your risk assessments fail you, self-rescue and assisted-rescue techniques are not supplementary skills--they will save your life. In this indispensable handbook, two premier kayaking instructors help you prepare your body, your boat, and your brain to meet this demanding sport's challenges. You'll learn how to make the right decisions in tough situations, choose the right safety and rescue equipment, and develop the skills and stamina you'll need to rescue yourself and others under perilous conditions. You'll also learn to: Plan your trip and assess the risks ahead of time Prepare for tides, currents, and local weather and wave effects Paddle in wind, heavy seas, and tidal currents Navigate in rough weather

Communicate during emergencies Perform a wide variety of self and assisted rescues

Douglas Alderson is a senior instructor-trainer for the Canadian Recreational Canoe and Kayaking Association and a senior instructor for the British Canoe Union. He is the author of Sea Kayaker's Savvy Paddler. Michael Pardy is the director of the sea kayaking school at Ocean River Sports and a director of SKILS (Sea Kayak Instruction and Leadership Systems) Ltd. He is also a senior instructor-trainer for the Canadian Recreational Canoe and Kayaking Association and a lead guide with the Sea Kayak Guides Alliance of British Columbia. Together they have more than forty years of paddling experience in a variety of conditions along Pacific, Atlantic, and Arctic shores.

This book excels where Sea Kayaker Magazine's Deep Trouble fell short. This is a volume with fewer stories and presents in-depth and comprehensive coverage of just about all topics on kayaking technique and strategy. When I read it first, I did not pay too much attention to the first chapter on judgment and leadership. Now I am re-reading it and finding it very interesting. Prior to this volume, I've read several kayak books by kayaking oracles (Dowd, Foster, Hutchinson) and this one definitely presents multiple topics that are either not covered elsewhere at all or are not covered elsewhere in this detail. Even when topics presented in this book are redundant with other sources, the relative emphasis on safety rather than efficiency is new and I found it compelling.

Great book

[Download to continue reading...](#)

Sea Kayaker Magazine's Handbook of Safety and Rescue (International Marine-RMP) Sea Kayaker's Deep Trouble: True Stories and Their Lessons from Sea Kayaker Magazine Sea Kayaker's Deep Trouble: True Stories and Their Lessons from Sea Kayaker Magazine (Schaums' Business Economics) Sea Kayaker Magazine's Handbook of Safety and Rescue The International Marine Book of Sailing (International Marine-RMP) The Complete Sea Kayakers Handbook, Second Edition (International Marine-RMP) Marine Diesel Engines: Maintenance, Troubleshooting, and Repair (International Marine-RMP) Sailing a Serious Ocean: Sailboats, Storms, Stories and Lessons Learned from 30 Years at Sea (International Marine-RMP) The Strip-Built Sea Kayak: Three Rugged, Beautiful Boats You Can Build (International Marine-RMP) Sea Kayaking Illustrated: A Visual Guide to Better Paddling (International Marine-RMP) Sea Trials: A Lone Sailor's Race Toward Home (International Marine-RMP) Marine Vessel Safety Check & Maintenance Log (Logbook, Journal - 124 pages 6x9 i: Marine Vessel Safety Check & Maintenance Logbook (Blue

Cover, Medium) (Logbook/Record Books) The Splicing Handbook, Third Edition: Techniques for Modern and Traditional Ropes (International Marine-RMP) The Backpacker's Handbook, 4th Edition (International Marine-RMP) Casualty investigation code: code of international standards and recommended practices for a safety investigation into a marine casualty or marine incident The Boatbuilder's Apprentice: The Ins and Outs of Building Lapstrake, Carvel, Stitch-and-Glue, Strip-Planked, and Other Wooden Boats (International Marine-RMP) The Complete Rigger's Apprentice: Tools and Techniques for Modern and Traditional Rigging, Second Edition (International Marine-RMP) The Art of Seamanship: Evolving Skills, Exploring Oceans, and Handling Wind, Waves, and Weather (International Marine-RMP) The Boat Galley Cookbook: 800 Everyday Recipes and Essential Tips for Cooking Aboard: 800 Everyday Recipes and Essential Tips for Cooking Aboard (International Marine-RMP) Don Casey's Complete Illustrated Sailboat Maintenance Manual: Including Inspecting the Aging Sailboat, Sailboat Hull and Deck Repair, Sailboat Refinishing, Sailboat (International Marine-RMP)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)